

In Memoriam:

Gail Lewis



Meals on Wheels would like to acknowledge a very special volunteer for her dedicated service to the program and our community. **Gail Lewis** supported and encouraged the health and well being of seniors for twenty-four years. She delivered meals to the homes of seniors and often went above and beyond to bring a special joy and caring to the lucky seniors on her route. In addition, she was a dedicated teacher of Yoga for seniors at the Loudon Nelson Community Center for the past fifteen years, inspiring her students to attain new heights in physical and mental well being. Gail always said that she received as much nurturing and caring as she shared with the participants on her route, but the hundreds of seniors who benefited from her generosity of spirit might differ with her on this note.

Gail gave tremendously to our community, and her immeasurable impact continues in the hearts and minds of those she touched.

"I've discovered the importance of Meals on Wheels. It allows you the dignity of remaining in your own home for as long as possible." --Gail Lewis

