

MEDIA ADVISORY



**CONTACT:**

Sam Storey, CEO  
Community Bridges  
236 Santa Cruz Ave.  
Aptos, CA 95003  
(831) 688-8840, ext. 201  
[sams@cbridges.org](mailto:sams@cbridges.org)

Lisa Berkowitz, Program Director  
Community Bridges  
Meals on Wheels  
1777 Capitola Road  
Santa Cruz, CA 95062  
(831) 464-3180 ext. 15  
Email: : LisaB@cbridges.org

[www.communitybridges.org](http://www.communitybridges.org)

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**MEALS ON WHEELS SERVING UP HOLIDAY MEALS**

Thanksgiving is approaching and this can be a very challenging time for isolated homebound seniors. The Community Bridges Meals on Wheels program makes a special effort to visit and bring cheer to these folks with a Holiday meal and an outpouring of support from local volunteers.

This year over 30 volunteers from Bay Federal Credit Union will be delivering holiday meals to over 150 local seniors.

For more than 30 years, Meals on Wheels of Santa Cruz County has provided a smile and a nutritious meal to the doorsteps of local homebound seniors and people with disabilities, as well as hosting four senior dining sites throughout the county. We serve nearly 700 meals a day, 250 days a year, helping people remain independent and in their own homes.

PHOTO OP:

A. THURSDAY, NOVEMBER 27 -- See volunteers from the community and Bay Federal deliver Holiday meals to area seniors on Thanksgiving Day.

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